

FIVE CONCEPT FASCIAL STIMULATOR



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The **FIVE Concept Fascial Stimulator** is a hugely popular machine from the FIVE Concept Fascial Line for all age groups and users with any fitness level. A motorised drum (with two speeds; low and high) provides the user with stimulation of the connective tissue and muscle fascia to provide an enjoyable and effective massage (comparing favourably to standard rollers which can be painful to use). A bench and cushion are also supplied with the machine for user comfort and to facilitate a significant range of positions and to target various muscle groups. The FIVE Concept Fascial Stimulator is aesthetically pleasing and compact in design making it attractive and intuitive to use. FIVE equipment is manufactured in the Black Forest, Germany to exacting standards with engineering excellence, utilising best quality materials; including oak wood (with anthracite lino finish) to make it highly tactile with smooth touch points for luxury and easy use.

The **FIVE Concept Fascial Stimulator** can be used before, during or after a workout for:

Movement Preparation, Mobilisation, Recovery, Regeneration and Relaxation.



FIVE Concept Fascial Stimulator: – 560mm (L) x 810mm (W) x 720mm (H)

+ **Bench:** 850mm (L) x 550mm (W) x 500mm (H)

Overall Max. Dimensions: 1410mm (L) x 810mm (W) x 720mm (H)

Electrical Requirements: single 13 amp socket

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Overall Dimensions: 141cm (L) x 81cm (W) x 72cm(H)



Operation: via High or Low Settings



Hamstrings (Rear Upper Legs)



Gluteals



FIVE Fascial Stimulator - Calf Massage (Alternate Legs)

FIVE CONCEPT FASCIAL STIMULATOR



Feet



Tibialis Anterior (Front Shin)



Quadriceps (Front Thighs)



Lats. (Latissimus Dorsi)



Upper Back



Adductor (Right)



Adductor (Left)



Calves (Lower Legs)

FIVE CONCEPT FASCIAL STIMULATOR



Ilio-Tibial (IT) Band



FIVE Concept Fascial Stimulator will provide your members with a unique and versatile piece of equipment that will enhance their workout experience and help member retention. All members including racquet sports, cycling, running, swimming, HIIT Training, studio and general gym users will love the FIVE Concept Fascial Stimulator!

Reach Wellness with FIVE Concept ...

Join the 'revolution'!

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